

Highlights

The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!

- **Mail Order Rx:** If you're currently taking a maintenance medication you can save both time and money by switching to mail order. Mail order allows you to have a 90 day supply of your medication sent to you at your home (saving you time) and will only cost you 1x your retail copay (saving you money)!

- **Generic vs. Brand Name Rx:** If you're prescribed a brand name medication by your physician, remember to ask them if there's a generic alternative that you can be prescribed instead. Generic medications are mandated by the FDA to contain the same active ingredients as their brand name counterparts, meaning that the part of the medication that's actually working to help you is the same in both. The only difference will be the price (generics will cost you approximately 1/8th the cost of brand name drugs)!
- **NEW ICSVEBA Service Center:** VEBA is proud to announce the creation of a dedicated telephonic service center for members to help with almost any service needs that you may have. This service center is available from 7:00 a.m. to 5:30 p.m. PST, Monday through Friday. You can reach the Service Center by dialing (800) 633-2683, or via email at icsvebaservice@hubinternational.com.
- **Employee Assistance Program Services:** Through your employer, The Holman Group provides a robust Employee Assistance Program (EAP) that provides every employee with confidential counseling services at absolutely no cost. The plan offers 5 face-to-face visits with a counselor plus unlimited telephonic consultations. The Holman Group's web portal is made available to all VEBA members where you can access information about your benefits, resources available to you, important contact information, and more. Simply log in with the following information:

- **User Name:** holmangroup

- **Password:** ICS2530

- **ICSVEBA Website:** Your ICSVEBA website (www.icsveba.org) offers an array of valuable information on your health and welfare plans. As always, please consult the website should you have any questions!

Website...

www.icsveba.org

www.deltahealthsystems.com

www.express-scripts.com

Access this site for...

An array of information about your Health & Welfare Plans

Up-to-date Medical claims information

Ordering and tracking your maintenance medications