

# Highlights

*The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!*

- **Change of ICSVEBA Board Members:** Mr. Dan Eddins, a long standing member of the ICSVEBA Board, announced in June that he will be retiring and, consequently, will be stepping down from his position with the Board. Mr. Eddins will be replaced as Chairperson by Mr. Jon LeDoux. The Board thanks Mr. Eddins for his years of valuable service and wishes him the best in retirement!

- **Saving Money on Rx:** If you're currently taking maintenance medication you can save both time and money by switching to mail order. Mail order allows you to have a 90 day supply of your medication sent to you at your home (saving you time) and will only cost you one retail copay (saving you money)! Additionally, remember that you can always ask if there is a generic alternative to any brand name medication that you've been prescribed and, of course, always keep in mind that you may be able to fill those generic prescriptions at a number of local pharmacies for only \$4 (including Target, Walmart, Walgreens, CVS, and others)!
- **Office Visits and Specialist Pricing:** The medical plans offered to ICSVEBA members provide separate copays for office visits to a general practitioner and specialists. It is therefore important for VEBA members to understand how their providers are coded (as either general practitioners or specialists) and to be aware that some providers may be coded as specialists in the Anthem Blue Cross network despite the fact that their peers with the same focus and title may be coded as general practitioners. This is quite often the case with OB/GYNs and Internists, so please be mindful!
- **"Back-to-School" Benefit Education Meetings are Just Around the Corner:** Back-to-School meetings will be held this summer where you will be educated about the changes to the plan designs and rates for this coming year. All employees are highly encouraged to attend your meetings! Please see your HR professional for details on times and locations.
- **SIMNSA Access:** Enrolled SIMNSA members are able to self refer to providers throughout the SIMNSA network, not just to those that are closest to home. Please call the customer service number on the back of your card to schedule an appointment at your provider of choice throughout the network (in Tijuana, Tecate or Mexicali).

Website...

[www.icsveba.org](http://www.icsveba.org)

[www.deltahealthsystems.com](http://www.deltahealthsystems.com)

[www.express-scripts.com](http://www.express-scripts.com)

Access this site for...

An array of information about your Health & Welfare Plans

Up-to-date Medical claims information

Ordering and tracking your maintenance medications