

Highlights



The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!

- Satori World Medical:** Satori World Medical is providing access to the most highly skilled professionals in the most state-of-the-art facilities in the world. From the moment your physician approves you for a medical procedure outside of the United States, Satori begins to coordinate air and ground transportation, hotel accommodations, medical procedure dates and times, and much, much more. Even better, the same medical procedures cost significantly less outside of the United States, so because of the cost savings that VEBA may realize as a result of a procedure done outside of the United States; VEBA will pay 100% of the medical insurance claims that are directly attributable to a procedure. That means there is no cost to you for a procedure done through Satori!

- LiveHealth Online (Anthem):** LiveHealth Online is a convenient way for you to talk and get treatment from a doctor at livehealthonline.com or on a smartphone or tablet using a free app. It is a secure, private, easy-to-use and affordable. You can have live, instant or planned visits with doctors seven days a week, 24 hours a day. You use two-way video conferencing, along with instant messaging.
- Health Education and Personal Health Coaching (Delta TeamCare):** All employees and family members also have access to a TeamCare health educator that collaborates with you to make lifestyle changes so you can live a healthier life. These programs include:
 - Weight Management
 - Nutrition
 - Pre and Post Natal
 - Physical Activity
 - Stress Management
 - Tobacco Cessation

Website...	www.icsveba.org	www.deltahealthsystems.com	www.express-scripts.com
Access this site for...	An array of information about your Health & Welfare Plans	Up-to-date Medical claims information	Ordering and tracking your maintenance medications

Frequently Asked Questions

What is LiveHealth Online?

LiveHealth Online is a convenient way for you to talk with and get treatment from a doctor at livehealthonline.com or on your smartphone or tablet using the free app. It is secure, private, easy-to-use and affordable. You can have live, instant or planned visits with doctors seven days a week, 24 hours a day. You use two-way video conferencing, along with instant messaging.

Why would I use LiveHealth Online instead of going to visit my doctor in person?

The choice to use LiveHealth Online is different for each person. For some, busy schedules, location or other conflicts make it hard to get to the doctor's office. It also depends on the type of condition you need care or treatment for. Sometimes there's just no substitute for going to the doctor in person. But other times, the convenience of having a doctor a click away can help you get the care you need when you need it.

Enroll at
livehealthonline.com
or download the free
app at the Apple App
Store or Google Play.

When is LiveHealth Online available?

Doctors are available on LiveHealth Online seven days a week, 24 hours a day, 365 days a year.

Do doctors have access to my health information?

If you enroll and set up an account, doctors who use LiveHealth Online can access your health information and review previous treatment recommendations and information from prior LiveHealth Online visits.

If you are using LiveHealth Online for the first time, and have not enrolled or set up an account, you will be asked to answer a brief questionnaire to gather relevant health information before you speak with a doctor. This information from your online visit will be available for future LiveHealth Online visits.

How does online care work? Do I need an appointment?

Whenever you think you need to see a doctor, simply go to livehealthonline.com or download the free app from the Apple App Store or Google Play. Just enroll for free, set up a personal account and you are ready to see a doctor.

Establishing an account allows you to securely store your personal, health, and payment information so you can more easily connect with doctors in the future, share your health history and even schedule future online visits at times that are convenient for you. Once connected, you can talk and interact with the doctor as if you were in a private exam room.

What are some of the most common reasons to see a doctor using LiveHealth Online?

People use LiveHealth Online for a range of medical issues. The most common are cold and flu symptoms, fevers, allergies, infections and other similar illnesses.

How long does a LiveHealth Online session with a doctor usually last?

A typical LiveHealth Online session is about 10 minutes.

How much does it cost to use LiveHealth Online?

You can see a doctor using LiveHealth Online for the same cost as your regular doctor visits. You just have to enroll for free at livehealthonline.com or on the app, and choose a doctor to see your cost. Without enrolling, your health plan won't be able to cover your visit.

Will I be charged different amounts for using video or instant messaging features?

No. The cost is the same.

Will I be charged more if I use LiveHealth Online on weekends, holidays or at night?

No. The cost is the same.

How do I pay for a LiveHealth Online session?

LiveHealth Online accepts Visa, MasterCard and Discover cards.

Can I get online care from a doctor if I'm traveling or in another state?

As long as you are located in a state where LiveHealth Online is available, you can get online care. You can also use the app on your smartphone or tablet if you aren't near your computer.

Do I have what I need to access doctors through LiveHealth Online?

Go to livehealthonline.com and click on "System Requirements."

Who do I get in touch with if I still have questions?

You can email customersupport@livehealthonline.com (include your email address and phone number) or call toll free at 855-603-7985.

