

Highlights

The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resources Department with any questions!

SIMNSA is going digital as part of its sustainability and innovation strategy.

This means member ID cards will now be available digitally and not in print format.

Please Note

Members can present their **DIGITAL ID CARD** from the **SIMNSA APP** or a valid form of identification during their visits to the clinics.

Download the app!



Registration requirements
To register for the SIMNSA App, make sure your information is up to date in the system.

- ✓ Your SIMNSA ID Number
- ✓ Your date of birth
- ✓ Your email address and/or mobile number registered with SIMNSA

www.SIMNSA.com




SIMNSA IS GOING PAPERLESS

YOUR FUTURE IS JUST ONE TAP AWAY

Get your **DIGITAL ID CARD** by downloading the **SIMNSA APP**.

Need assistance?



**Medical Campus
Lobby's Kiosk**



**Customer Service
+1 (619) 407 4082**

Websites...

www.icsveba.org

www.deltahealthsystems.com

www.express-scripts.com

Access this site for...

An array of information about your Health & Welfare plans

Up-to-date Medical claims information

Ordering & tracking your maintenance medications



ICSVEBA Highlights



Take a step toward sobriety

Experience compassionate treatment
— available at little to no cost.*

Call: 855-729-3511

Find hope with Carrum Health

At Carrum Health, we understand that struggling with addiction can feel overwhelming and isolating, but you don't have to go through it alone. If you or your covered family member (age 18+) is facing an alcohol or other substance use problem, contact Carrum Health. We'll connect you to one of the country's top recovery centers based on your personal needs.

Your Carrum Health benefit covers compassionate, highly effective treatment through some of the top recovery centers in the country. This may include:

- Detox services
- Residential/inpatient rehab
- Partial hospitalization treatment
- Intensive outpatient treatment
- Outpatient treatment
- Recovery coaching
- Virtual care
- Medication-assisted treatment

Using clinically proven, evidence-based programs, the recovery centers in Carrum Health's substance use disorder network will provide meaningful support and customized treatment to help you reclaim your life.

Whether you're just starting your journey or continuing your recovery, let Carrum Health be your trusted guide, offering completely confidential access to proven treatment methods.

Get started today. Visit: carrum.me/icsveba

Your privacy is protected

At Carrum, we prioritize the privacy and confidentiality of our members, especially when it comes to sensitive matters like substance use disorder. We understand the importance of creating a safe and supportive environment for individuals seeking assistance and treatment.

Rest assured that any information shared with us will be handled with the utmost discretion and will not be disclosed to your employer without your explicit consent. Your privacy and well-being are our top priorities, and we are committed to supporting you on your journey to recovery.

Eligibility

Carrum Health is a special surgery and medical benefit available to active employees, early retirees (pre-Medicare), COBRA participants, and their dependents who are enrolled in Basic, Bronze, and Comprehensive PPO plans. Eligibility for coverage is based on American Society of Addiction Medicine (ASAM) criteria and specific requirements of the individual recovery center. Coverage is not available for court-ordered treatment.

Ready to get started?

Visit: carrum.me/icsveba
Call: 855-729-3511



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